

## Crystal Healing Thesis

The second year thesis is your opportunity to focus on a crystal topic in more depth. The key to a good quality thesis is to choose something you will enjoy exploring.

### Guidelines

- At least 1500 words if written, preferably 2000-3000 words to allow for more depth
- Can be written, drawn, recorded, filmed
- Explore a topic that interests you
- You can choose any topic as long as it is related to crystals
- Agree the topic with your tutor first- by email, telephone or face to face
- Submit two copies- one copy for your tutor and another your tutor will send to ICGT. It is wise to hang onto a copy for your own records.

<b>A well written thesis will:</b>	<b>A badly written thesis may:</b>
Contain a 'freshness' that the student has brought to the topic. It is evident they have really engaged with the thesis.	Be a rehash of other people's views and findings, with little evidence of the student's own original thinking.
Have some depth to it- the student has explored the chosen topic, plus reflected upon and evaluated their findings.	Be cursory, just a superficial look at a topic. Show a 'bare minimum' attitude. There will be a lack of reflection and evaluation.
May contain short quotations (one or two sentences max) from texts, listing the source. There will be a reason why the reference was used - the student will discuss it.	Contain plagiarism- text copied from books and the internet and not properly acknowledged. In this case the thesis would be rejected outright and the student asked to remove all of this, so please don't do it!

You can put a draft past your tutor if you need feedback and suggestions.

The following example is only given to help you write a better thesis, please don't be limited by the choice of topic.

### Example - Exploration of the Healing Properties of a Crystal

This sort of thesis would primarily be the student's own exploration of their chosen crystal and their findings. They might explain why they chose that particular crystal to explore. How do they perceive the crystal's qualities? How have they used it for themselves and others and what were the effects?

What techniques did they employ? Did they create any new layouts, or make an essence, or create a meditation for example? There should be some reflection upon any case studies and evaluation of any findings.

Research from books and the internet may be reflected in their exploration and short quotations, properly referenced. These may include traditional and historic uses of that crystal in various cultures, or any associated folklore. They might look at the crystallography and consider whether this has any bearing on the perceived & reported properties. The student could then reflect on how their findings matched the research from books or differed.

Variations upon this sort of thesis include an exploration of a group of minerals, of a particular crystal system, or work with a group of crystals that have a common element, that are supposed to be effective for a certain ailment, or have an affinity with a particular organ or chakra.